



**The Hands Up Foundation** is a young and innovative charity which was set up by four British friends. Most of us hear the word 'Syria' and think of those news headlines with grim statistics and images. For us 'Syria' means something different, it is the noise, colour and scent of spice souks, the birthplace of modern civilisation and the definition of hospitality. Inspired by our time in Damascus and united by a sense of sadness at the conflict, we want to remind our friends in Syria that they have not been forgotten. Hands Up raises money and awareness through creative fundraising, including the [Syrian Supper Club](#), [MarmalAid](#) and [Singing for Syrians](#).

The money we raise is implemented by our partner organisations on the ground. Where possible these projects are inside Syria and run by Syrians. Sustainability forms the basis of all the projects we choose, which is why we focus on funding salaries and long-term work in health and education. All the projects we fund are monitored regularly and designed to have maximum impact for those in need.

We have witnessed first-hand the positive effect of direct aid in Syria. We hope that the Syrians we support will contribute to rebuilding and making their country, once again, a place where people can live in peace.

**In 2018, amongst other projects, we are supporting three that we are very proud of:**

#### **Medical Salaries at a Primary Health Clinic – district of southern Aleppo – £150,000 – 1 year**

The need for medical aid in Syria is vast, especially for the 15 million civilians still in the country. Hands Up, in partnership with SAMS ([Syrian American Medical Society](#)), supports a primary health clinic catering to the needs of internally displaced people in Al Zerbeh. We are funding the salaries of 22 staff, including a GP, paediatrician, midwife, nurses and guards who carry out 5000 consultations a month on average. We also cover costs that make these jobs possible: fuel, stationary etc. Hands Up receives monthly timesheets and pay-slips from the staff to ensure funding is delivered appropriately.

#### **Prosthetic Limbs – Syrian, Turkish border - £80,000 – 1 year**

We have supported the National Syrian Project for Prosthetic Limbs (in partnership with [Syria Relief](#)) for the last three years. Our funding pays for costs including staff salaries, materials and rent as well as patient treatment at their clinic in Bab al Hawa. This year they are expanding to include the provision of better prosthetic limbs and doubling the number of limbs they produce to 190 a month. The average cost of a limb above the knee is £500 and this programme is designed to get people back to work, restore dignity or simply allow patients not to feel helpless at home.

#### **Medical Training – Idlib City - £105,000 – 1 year**

This year, in partnership with Syria Relief, we are funding medical training in Idlib City, with a view to lessening the imbalance in demand and supply for medical care. This imbalance is due to the fact that most specialized personnel have fled the country over the past 5 years and a large number of medical students have not been able to complete their studies and receive a degree. The training will include 3 courses a month and will be directed to 720 beneficiaries, comprised of medical and non-medical staff. In funding this, we hope to contribute to a long term, sustainable solution to the expanding need for healthcare in Syria.

For more, please visit [www.handsupfoundation.org](http://www.handsupfoundation.org) or contact us here on [contact@handsupfoundation.org](mailto:contact@handsupfoundation.org)

Donations can be made [online](#) via our website or cheques made out to

The Hands Up Foundation (charity no. 1156491) and sent to 20 Jerusalem Passage, London, EC1V 4JP

