

Session Five

Living with Loss

Session Aims:

- To look at the stages of grief as outlined by Worden and Murray -Parkes and to compare how they relate to our experiences
- To explore ministry to the bereaved in our parishes & communities
- To consider community grief in times of change and loss
- To consider how best to support those engaged in pastoral ministry

Session Six*

Safeguarding

Session Aims

- To introduce the concept of Safeguarding
- To identify vulnerable groups
- To identify signs and types of abuse
- To outline the course of action should abuse be disclosed or suspected

Session Seven**

Working Together as a Team

Mutual Ministry: the belief that whatever we do, we are called it together.

Session Aims:

- To look at who are ministers in the church
- To explore ways of supporting one another in our ministry
- To look at the practical issues around forming and running a pastoral ministry team

*this session might be moved depending on the availability of safeguarding trainers.

**Where possible Parish Clergy are encouraged to attend this session

Key Skills for Pastoral Visiting



A Foundation Course
for those preparing to be commissioned to
PASTORAL MINISTRY TEAMS
in the Diocese of Truro



DIOCESE OF TRURO
DISCOVERING GOD'S KINGDOM
GROWING THE CHURCH

Key Skills for Pastoral Visiting

This course introduces the key skills and approaches involved in Pastoral Visiting as well as exploring how new areas of pastoral work could be developed to meet the needs of local parishes.

A potential Pastoral Visitor has to be nominated and supported by the parish incumbent and the PCC on a form (downloadable from the Diocesan Website www.trurodiocese.org.uk) 'Candidate recommended for Local Ministry'. The candidate is then booked on to a course, held locally.

On completion of the 7 session introductory course and on receiving enhanced DBS (CRB) clearance the candidate is able to undertake pastoral visiting and will be invited to attend a commissioning service in the deanery.

The candidate will be expected to liaise with their pastoral team co-ordinator and draw up an agreement outlining areas of work, how much time they will give and any further areas of training to undertake. This may also include commitment to attending Pastoral Team meetings.

Local Pastoral Visitors are commissioned for five years and can be re-commissioned after review by the incumbent and the PCC. Ideally Pastoral Visitors will attend further training sessions between commissioning and re-commissioning.

Clergy are encouraged to attend the first and last session of the Introductory Course if they have candidates from their church attending.

For further information contact:

Sarah Welply, Project Officer
Church House, Woodland Court, Truro Business Park,
Threemilestone, Truro TR4 9NH
Tel: 01872 247211
Sarah@truro.anglican.org

Course Outline

Session One:

Introduction to Pastoral Care

Session Aims:

- Getting to know each other
- Introduce the Course
- Introduce the core skills and values of pastoral ministry
- Introduce the ideas of good listening and responsible friendship
- Begin to explore partnerships for pastoral ministry teams

Session Two:

Listening Skills

Session Aims

- Introduce the idea of active listening
- Identify the key skills involved in active listening
- Understand the importance of body language in listening
- Understand the difference between open and closed questions and their use in pastoral ministry

Session Three:

Listening Skills and Responsible Friendship

Session Aims:

- Introduce the use of reflection and summarising in listening
- Identify the differences between friendship and responsible friendship
- The need to respect individuals and allow people to come to their own decisions
- Establishing and maintaining boundaries in pastoral work

Session Four:

The Value of Friendship

Session Aims:

- What the practice of good friendship means to Christians
- How to ensure that pastoral ministry is a welcoming ministry
- How to accept and celebrate difference
- How to involve the wider community in pastoral ministry