EAT TO CARE FOR CREATION – Pledge two

Luci Isaacson, Diocesan Environment Officer, invites us to do pledge 2 during April:

ARE you willing to enjoy some tasty local food? That’s the challenge I am putting to you over the next 4 weeks.

This has been the favourite of those who have already tried and tested the pledges across Cornwall. You can save over 4 times the amount of carbon going into the atmosphere. Not only does this help the local economy and promote health – it’s great fun doing it.

You can enjoy the interactions of going to the market and talking to someone or bumping into friends while out shopping– for some this pledge has helped with loneliness too. Some people took part in our research and we learnt about how it changed 20,677 meals! This is a good example of how consideration for the gift of creation can also bring health and economic benefits to the area. For every £1 spent in a small or medium-sized business, £0.63 stays in the local economy and for an area such as Cornwall, this added economic boost could be valuable. I really hope you enjoy being part of our changes to become better stewards of the earth and lead by example. I welcome hearing how you have got on.

Pledge Two

I pledge to buy local seasonal produce as much as possible – starting with at least 2 meals a week

We would like to record your activity so please ‘check the box’ online at

www.goo.gl/Fywcw4

MORE INFORMATION

https://tinyurl.com/jheb5vm